



Passavant Hospital Foundation is making a

VITAL IMPACT

on the health of our community



Charles Luke, MD, explains a new nerve block ultrasound procedure to D. Denise Ludwig, RN.

Community members and hospital patients to benefit from 22 projects for 2017

Passavant Hospital Foundation has invested \$52,750 in the purchase of a new nerve block ultrasound that utilizes the most current medical technologies to manage post-operative pain. With an ultrasound nerve block, patients require less narcotic pain medication, are able to ambulate earlier, suffer less nausea and complications like convulsions and cardiac arrest, and experience shorter hospital stays.

"It's great that the Foundation is using funds to purchase innovative technologies like this to ultimately enhance the patient's experience," said Dr. Charles Luke, MD, MBA, FASAM,

Site Chief of Acute Pain Service (APS) at UPMC Passavant. The APS team treats surgical and trauma-related pain while the hospital also has a Chronic Pain Service to address issues such as back pain.

The new equipment will be used in the treatment of nearly 3,000 patients annually. With it, non-productive needle sticks are reduced by as much as 70 percent, eliminating unnecessary patient discomfort.

While the equipment will be used mainly for pain management, it also can be utilized to evaluate a patient's cardiovascular status in a non-invasive

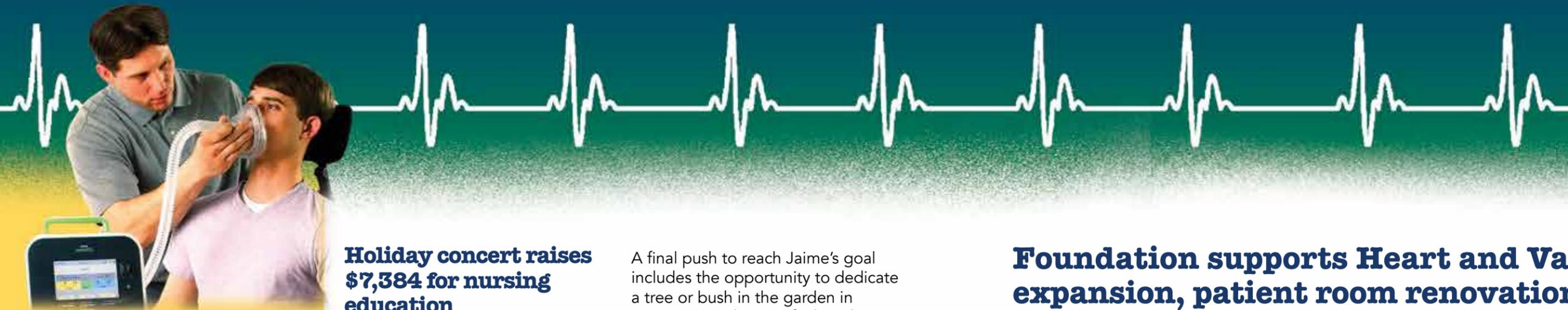
way. Older methods required the insertion of a probe down the throat.

Annually, 15 fellows do their anesthesia placements at UPMC Passavant under Dr. Luke's direction, and the training consistently ranks the highest in student surveys.

The nerve block ultrasound is just one of 22 projects totaling \$341,487 approved by Passavant Hospital Foundation for 2017.

For the past six years, the Foundation, in partnership with the Auxiliary and the hospital itself, has been funding proposals submitted by UPMC

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The Hopeful Hearts Fund at Passavant Hospital Foundation is a way to support heart care in our community. Donations are welcome and can be made in memory or honor of a loved one or in thanks for care received. Contact President/CEO Fay Morgan at 412-748-6645 to discuss room dedications or gifts for new equipment.

Community members, patients to benefit from 22 projects
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Passavant staff members for their departments.

"Every project we fund improves patient diagnosis, treatment, comfort, and/or safety or significantly improves the working environment for staff," said Foundation President/CEO Fay Morgan.

Among the other projects funded by the Foundation this year are:

- A cough-assist device in the Respiratory Services department for patients with neuromuscular disorders, spinal cord injuries, polio or other ailments
- Reclining chairs for patient comfort during heart diagnostic testing that can last up to five hours in the Cardiovascular Services/Diagnostic Imaging department
- Padded chairs for family use in the treatment rooms of the Emergency Department at McCandless, which can be hung on the wall, out the way, if necessary
- Specialized recliners throughout the hospital to increase patient mobility and activity to reduce pneumonia, blood clots and pressure ulcers
- Ergonomic wheelchairs for Patient Transport that provide easier in-and-out access for patients
- A ceiling access containment unit for the isolation of dirt, bacteria and spores during facility repairs ❖

Holiday concert raises \$7,384 for nursing education

Passavant Hospital Foundation holds a holiday concert each year to raise funds for its Nursing Education Fund. Last year, 53 nurses achieved certification in their specialty, such as cancer care, emergency nursing, cardiac care, and more. Certification can cost over \$700 per student.

With support from concert goers and the Muhlenkamp Family Charitable Fund of the Pittsburgh Foundation, Passavant Hospital Foundation granted \$17,584 for exam fees, preparation course fees, and study materials, including DVDs and books, to put certification within reach for all Passavant nurses. Research links nursing certification to improved patient outcomes. ❖

Boy Scout nears fundraising goal for garden

For his Eagle Scout project, 14-year-old Jaime Martinez is raising \$35,000 to expand "Tibby's Garden" outside the UPMC CancerCenter at UPMC Passavant.

To date, Jaime has raised \$31,207. Two recent candy "sales" were held in the hospital lobby. The candy was donated by Thrivent Financial for Lutherans, raising \$1,278, thanks to generous patients, staff and visitors.

Hampton and North Allegheny Rotary Clubs and the Shaler Garden Club also provided support. An oldies dance at Sieb's Pub in November raised \$2,131.

A final push to reach Jaime's goal includes the opportunity to dedicate a tree or bush in the garden in memory or in honor of a loved one. For details, call the Foundation at 412-748-6640. ❖

Marathon event for the Foundation

You can run any of the five events in the Dick's Sporting Goods Pittsburgh Marathon on May 6-7 for FREE as a charitable participant for Passavant Hospital Foundation.

Join us for a Marathon Team Kick-Off Happy Hour at BJ's Restaurant and Brewhouse from 5 to 7 p.m. on Wednesday, February 8 for training plans, nutrition tips, free appetizers, door prizes, information on how to receive free race registration, and more! RSVP or learn more by calling 412-748-6648 today! ❖



Passavant Hospital Foundation received 75 blankets from Studio Raw hair salon to distribute to patients spending Christmas in the hospital. The blankets were collected as part of the Morgan's Army project to promote organ donation. They were delivered to the hospital with the help of #1 Cochran.

Pictured above: Steven Petrine of Studio Raw and Scott Mann of #1 Cochran.

Foundation supports Heart and Vascular Institute expansion, patient room renovations for heart health

Heart and Vascular Institute expansion

The UPMC Heart and Vascular Institute at UPMC Passavant offers a full spectrum of cardiovascular services for every type of heart and vascular disorder. These services include diagnostic testing; advanced imaging; highly advanced heart, vascular and endovascular surgery; and cardiac rehabilitation.

Passavant Hospital Foundation has committed \$1.2 million to create a new, non-invasive testing center at the facility so resting and stress echocardiograms and vascular imaging can be conducted in the same location. A state-of-the-art nuclear cardiology camera for stress testing will shorten the time needed for imaging studies, as well as reduce the radiation dose to patients.

"This project has been a dream of ours for some time, and with the generous help of the Foundation, we'll be able to achieve it," said Michael Fallert, MD, FACC, Chair of Cardiology, UPMC Passavant.

"It will add a much-needed upgrade to the facility and significantly enhance our ability to evaluate and care for our patients," he added.

More than 37,000 imaging procedures per year are expected to be performed at the testing center. Construction is scheduled to begin this spring.

The Passavant Hospital Auxiliary provides funds for needed items, big and small. This winter, they provided telescoping ice scrapers to the hospital's brave valet parkers, just in time for snow! Foundation donors receive free valet parking. ▶

Renovation of 60 patient rooms

The Foundation has committed \$1.9 million to renovate 60 patient rooms on floors 4 and 5 in the Pavilion, where patients are treated following cardiac and orthopedic surgeries.

The UPMC Passavant Medical Staff contributed \$100,000 to the Foundation for the project.

Heart and Stroke Symposium

"Heart disease remains the number one cause of death, and strokes are the number one cause of disability," said Maggie Lattanzio, MSN, RN, CCRN, Programmatic Nurse Specialist in cardiovascular services at UPMC Passavant. "Educating the public on prevention and warning signs is an important focus."

The Foundation sponsored a free educational seminar as well as blood pressure and cholesterol screenings for more than 100 community members. It was held at the Passavant Hospital Foundation Conference Center & Legacy Theatre in October. During the five-hour program, experts from UPMC Passavant discussed the causes and effects of strokes and heart problems,

including updates in heart surgery, vascular disease and more. Topics and speakers were:

- "What's New in Heart Surgery" by Pyongsoo Yoon, MD
- "Vascular Disease" by Georges Al-Khoury, MD
- "Atrial Fibrillation" by Sandeep Jain, MD
- "Updates in Stroke Recognition and Care" by Erek Lam, MD
- "Taking Care of Your Heart" by Lydia Davis, MD ❖





Passavant Hospital Foundation improves the wellness of our community through a variety of free health-education classes

Domestic Violence Conference

Passavant Hospital Foundation sponsored a free day-long domestic violence seminar entitled, "Safety and Self-Awareness Amongst Violence," which reviewed the prevalence, signs, effects and treatment of domestic violence, sexual abuse and exploitation.

The keynote speaker was Kate Price, author of *Collapsing This Hushed*



Kate Price

House: My Escape from Commercial Child Sexual Exploitation.

"Domestic violence a silent situation that faces one in every four people in our area," said Betsy Tedesco, DNP, RN, CEN, PHRN, Interim Unit Director, UPMC Passavant Emergency Department and head of the hospital's Domestic Violence Task Force. "As healthcare providers, we're faced with this on a daily basis."

The conference was attended by 150 participants, including nurses, physicians, social workers, lawyers, pre-hospital providers, teachers and clergy. Healthcare professionals earned continuing education credits.

Bioethics Conference

"Bioethics Goes to the Movies" was a three-hour session in which participants watched and analyzed the fictional movie "Wit," exploring real-

life ethical issues in health care, such as informed consent, decision-making capacity, standards of surrogate decision-making, and respect for patients and families.

The session, led by Valerie Satkoske, MSW, PhD, Director of Ethics, Wheeling Hospital, was attended by 63 people and co-sponsored by the hospital's Ethics Committee. Doctors, nurses, social workers and attorneys in attendance received continuing education credits.



Valerie Satkoske

Bridge to Hope Parent Workshop

The Bridge to Hope family support group hosted a half-day parent workshop in October with 34 in attendance to hear from addiction experts on treatment, relapse, conflict resolution and recovery.

One attendee lauded the day's immediate impact for her family. "We are truly blessed to have this resource available to us... such wonderful people to give of their valuable time to provide education and support, along with some very good communication tools for families struggling and living with addiction. When we spent three hours visiting our daughter at the halfway house, it was the most quality time we've had in a long time."

Bridge to Hope meets every Wednesday at 7 p.m. at the Passavant Hospital Foundation Conference Center. Call 412-748-5120 to be connected to the program.

CPR Classes for Students

Mars Area School District is the newest district to join the Foundation-sponsored CPR program, offered in partnership with the American Heart Association. All teachers and support personnel have been trained using Foundation-funded materials, and all students in grades 5-12 will be trained, as well.

Other schools participating this year include:

- Pine-Richland Middle School
- North Hills Middle School
- Hampton Middle School
- Marshall Middle School

Approximately 3,000 students will be trained in this life-saving skill during the 2016-2017 school year.

Financial Fitness

The Foundation will hold a confidential seminar in March to help its supporters of high net worth create a solid plan for distributing their wealth at life's end. Experts will discuss estate tax planning that achieves personal lifestyle goals and ensures the well-being of heirs while leaving a legacy for the health of our community. Opportunities for naming major projects at the hospital will be discussed. For details, please call Foundation President/CEO Fay Morgan at 412-748-6645.



**PASSAVANT HOSPITAL
FOUNDATION**