



## For Your Health Series sponsored by Passavant Hospital Foundation

**Passavant Hospital Foundation** partners with CCAC North Campus to provide a wide variety of health and wellness education programs **free to the public**. The courses below feature speakers who are top-notch physicians, clinicians, and researchers providing up-to-date medical information in layperson's terms. The sessions are interactive with time for questions and answers. **A Certificate of Attendance for 2.0 hours is awarded for these seminars.** UPMC Passavant is a hospital accredited by The Joint Commission and an approved provider for continuing education requirements for professional nurses. **Registration is required. Call 412-788-7546 to register.**

### Postoperative Pain Management: Explains why regional anesthesia should be part of your pain management treatment plan after surgery

**Tuesday, March 20, 2018** 6:30 PM - 8:30 PM CCAC North Campus YEB-989-1450 FREE

Charles B Luke, M.D., MBA, FASAM, Anesthesiologist and Addiction Medicine Specialist, fellowship-trained in acute pain medicine and regional anesthesia, Site Chief of Acute Pain Service at Passavant hospital and Co-director of the Acute Pain Service Division (5 hospitals and 3 outpatient centers) for UPMC, will present *Postoperative Pain Management: Explains Why Regional Anesthesia should be part of your post surgical treatment plan*. Dr. Luke and colleagues will discuss the reasons for the 'multimodal approach' of acute pain care, including medication management and interventional options with regional anesthesia, including an overview of upper/lower extremity, chest wall and truncal blocks. Please join us for this interactive presentation during which you can have your postoperative pain questions addressed by a panel of speakers.

**Speakers: Charles B Luke, M.D., MBA, FASAM, Michael Pagnotto, M.D., Orthopedic Surgeon; Hip and Knee Specialist, Tri-State Orthopaedics & Sports Medicine; Denise Ludwig, RN, Acute Pain Service Charge Nurse, Lisa Boelcke, RN; Acute Pain Service Nurse, UPMC Passavant**

### Common Problems of the Foot and Ankle: Diagnosis and Treatment

**Tuesday, April 17, 2018** 6:30 PM - 8:30 PM CCAC North Campus YEB-990-1450 FREE

Please join Christopher T. Edwards, M.D., foot and ankle orthopedic surgeon with Tri Rivers Musculoskeletal Centers, to learn about *Common Problems of the Foot and Ankle: Diagnosis and Treatment*. Dr. Edwards will discuss and answer questions about plantar fasciitis, foot and ankle arthritis, bunions, hammertoes and neuromas. Learn about both conservative and surgical treatment options for your foot and ankle concerns.

**Speaker: Christopher T. Edwards, M.D., Tri Rivers Musculoskeletal Centers**

### Diabetes 101

**Tuesday, May 15, 2018** 6:30 PM - 8:30 PM CCAC North Campus YEB-991-1450 FREE

A lecture presented by the Programmatic Nurse Specialist in Diabetes from UPMC Passavant. The lecture will include facts about diabetes, high risk groups, classification of type 1 & type 2 diabetes, diagnostic testing used to diagnose diabetes, complications associated with uncontrolled diabetes & the American Diabetes Association standards of care for individuals with diabetes. There will be an opportunity for open discussion & questions at the end of the program.

**Speaker: Kelley A. Szalc, MSN, RN, CDE, UPMC Passavant**

**Passavant Hospital Foundation** advances the health and wellness for ALL in our community:

- Providing facilities, technology and equipment at our hospital to support excellence in patient care
- Presenting free health education seminars for everyone in the community
- Offering support groups for families affected by a loved one's addiction
- Forming community partnerships for greater impact on health concerns that affect us all

Learn more at [PassavantHospitalFoundation.org](http://PassavantHospitalFoundation.org).

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