



**PASSAVANT HOSPITAL  
FOUNDATION**

*Our community's health is  
at the heart of everything we do*

**2016-17 ANNUAL REPORT**



2016's Legacy of Caring Award Honorees were, left to right, LouAnn Brindle, MSN, RN, CPCS; James Boyle, MD; Susan Hoolahan, MSN, RN, NEA-BC; Alex Chen, MD; John Houston II, Esquire; Cynthia Stauber, MSN, RN, NE-BC, and Kiran Rajasenan, MD (not pictured).

## PASSAVANT HOSPITAL FOUNDATION

### Our Mission

Passavant Hospital Foundation supports UPMC Passavant, advancing the health and wellness of our community through education, outreach, and grant making.

### Our Impact

Passavant Hospital Foundation advances the health and wellness of all our community by:

- ♥ Providing facilities, technology and equipment at our hospital to support excellence in patient care
- ♥ Offering support groups for families affected by a loved one's addiction
- ♥ Presenting free health education seminars for all in the community, to promote personal well-being
- ♥ Forming community partnerships for greater impact on health concerns that affect us all

### 2016-17 Financial Highlights\*

Support to UPMC Passavant .....	\$ 1,362,417
Support to the Passavant Community .....	\$ 269,560
<b>Total Mission Support .....</b>	<b>\$ 1,631,977</b>

\*Audited

## COMMUNITY SUPPORT

### Passavant Hospital Foundation funded 10 community initiatives equaling \$31,500

In its ongoing commitment to excellence in partnerships for community health and wellness, the Foundation funded 10 community initiatives this year, including:

- ♥ \$10,000 to provide inexpensive overnight accommodations at Kearns Spirituality Center (next to the hospital) for out-of-town patients' families, per referral from UPMC Passavant's Social Work Department. No one was turned away, and accommodations were provided for 135 nights.
- ♥ \$2,500 to fund educational workshops for up to 50 community participants in subjects like "Managing High Blood Pressure," "Fit for Life," and "Identifying Symptoms of Stroke" at La Roche College.
- ♥ \$2,500 to Lutheran Senior Life Foundation to continue support for the Healthy Start Café at St. John's Lutheran Church of Highland, which provides seniors with a fun, safe place to learn, exercise and socialize.
- ♥ \$2,000 to Travelers Aid to provide rides to cancer screenings, women's health screenings, cancer support groups and more, with the goal of increased attendance by 30 percent at these appointments and events.
- ♥ \$2,000 to equip Quality Emergency Medical Services and McCandless-Franklin Park Ambulance Authority with five child restraint devices to improve transport safety for those weighing between four and 99 pounds.
- ♥ \$2,500 to Richland EMS for stair chairs to help reduce the workload on personnel when extricating patients from their homes, businesses and medical facilities for transport to the hospital.
- ♥ \$2,500 to Lutheran Senior Life Foundation to continue support for the Healthy Start Café at St. John's Lutheran Church of Highland, which provides seniors with a fun, safe place to learn, exercise and socialize.
- ♥ \$2,000 to Travelers Aid to provide rides to cancer screenings, women's health screenings, cancer support groups and more, with the goal of increased attendance by 30 percent at these appointments and events.
- ♥ \$2,000 in renewed funding to Just Harvest to continue and expand last year's program to improve food security among low-income people in the hospital's geographic service area.
- ♥ \$1,000 to Shaler EMS to enhance the health and well-being of senior citizens through outreach and education regarding fall risks. The course consisted of 16 hours of class time.

### New supplemental bereavement group

**Beyond Bridge to Hope** is a free, monthly bereavement support group for adults who have experienced the death of a loved one due to substance abuse.

In 2017, a new six-week intensive support group program was introduced to supplement Beyond Bridge to Hope's monthly meetings.

Based on William Worden's "Four Tasks of Mourning," the program focuses on specific tasks that help re-establish equilibrium after loss.

These tasks include:

- ♥ Accepting the reality of loss
- ♥ Working through the pain of grief
- ♥ Adjusting to an environment in which the deceased is missing
- ♥ Finding an enduring connection with the deceased while embarking on a new life

The group was led by Certified Grief Counselor Susan Wesner, RN, MSN, CS.

The Foundation received a \$12,500 donation from the **PNC Charitable Trust** to support project expansion.

### MISSION SUPPORT COMMITTEE

The Mission Support Committee reviewed community proposals and made funding decisions.

- Patricia Kutcher, Chair
- Fay Morgan, Co-chair
- Beverly Aufman
- Karen Barkey, MD
- John Borza, DNP, MBA, CRNP
- Jean Eckert
- Jennifer Hall, RN
- Richard S. Hamilton
- Kenneth Huber, MD
- Eric Kofmehl, PhD
- Patti Massa
- Karen Morrison
- Joseph Romano, MD
- Thomas Schauble, MD
- Andrew Thomas, MD
- Peggy Hayden, DNP, RN, NEA-BC
- John Uribe, MD

### Workshops and meetings for families affected by substance abuse

Passavant Hospital Foundation's **Bridge to Hope** family support group offers free, weekly meetings for those impacted by the addiction of a loved one.

A free half-day workshop, "You Are Not Alone," was held in October and attended by 34 people. Presented in collaboration with UPMC Health Plan, the workshop provided an opportunity for attendees to interact with professionals in the field of addiction. Topics included treatment, recovery, relapse awareness, co-occurring mental disorders, and self-care for family members. An "Ask the Doctor" segment provided a unique opportunity to meet in small groups with a physician to address questions.



## HOSPITAL SUPPORT

### Departments benefitted from renovations, equipment

#### Expansion of the Heart and Vascular Institute

The UPMC Heart and Vascular Institute at UPMC Passavant offers a full spectrum of cardiovascular services for every type of heart and vascular disorder. These services include diagnostic testing; advanced imaging; highly advanced heart, vascular

and endovascular surgery; and cardiac rehabilitation.

Passavant Hospital Foundation invested \$1.2 million to create a new, non-invasive testing center at the facility so resting and stress echocardiograms and vascular imaging can be conducted in the same location where patients see their physicians and receive other

care. A state-of-the-art nuclear cardiology camera for stress testing will shorten the time needed for imaging studies, as well as reduce the radiation dose to patients.

“This project has been a dream of ours for some time, and with the generous help of the Foundation, we’ll be able to achieve it,” said Michael Fallert, MD, FACC, Chair of Cardiology, UPMC Passavant.

“It will add a much-needed upgrade to the facility and significantly enhance our ability to evaluate and care for our patients,” he added.

More than 37,000 imaging procedures per year are expected to be performed at the testing center. Construction began in the spring.

#### Renovation of patient rooms

The Foundation committed \$1.9 million to renovate 60 patient rooms on floors 4 and 5 in the Pavilion, where patients are treated following cardiac and orthopedic surgeries. **UPMC Passavant Medical Staff** contributed \$100,000 to the Foundation for the project.

#### Advancements in surgery

An average of 1,056 surgeries are performed at UPMC Passavant each month. The Foundation provided funding for advancements in surgical services, with items that

improve patient care and comfort, and support families while they wait as a loved one undergoes an operation, including:

- ♥ Glidescope for better airway management
- ♥ Case tracking board in the cafeteria to keep families better informed when they step away from the surgery floor.

#### Emergency Department enhancements

The Foundation supported improved lighting and more comfortable seating in the Emergency Department treatment rooms. The lighting can be angled and adjusted to a specific area of injury for patient care. Padded chairs for family use can be hung on the wall, out of the way, when the situation requires it.

#### More comfort for both patients and families

- ♥ Reclining chairs for patient comfort during heart diagnostic testing that can last up to five hours in the Cardiovascular Services/Diagnostic Imaging Department
- ♥ Specialized recliners throughout the hospital to increase patient mobility and activity to reduce pneumonia, blood clots and pressure ulcers
- ♥ Ergonomic wheelchairs for Patient Transport that provide easier in-and-out access for patients
- ♥ Waiting room recliners.

### Room dedicated in physician’s honor

**Joseph Romano, MD**, an infectious disease specialist at UPMC Passavant for the past 37 years and a partner at Romano, Pontzer & Associates, Infectious Disease Specialists, retired from his practice in March. He served more than 100,000 patients in his career, saving lives and limbs daily, according to his son, Gregory.

“He put so much time and effort into building his practice at UPMC Passavant Hospital. For him to walk away

from all of that was difficult. I found a way for his presence to always be there.”

The Romano family dedicated a room at the hospital in his honor. The Infection Prevention Office, where four nurses work to promote and educate the hospital staff in infection prevention policies, now bears a plaque with his picture.

“My dad was blown away! There were tears of joy and accomplishment,” Gregory said.



Joseph Romano, MD (center) and his sons, Joseph, Michael and Gregory.



Board-certified anesthesiologist Charles Luke, MD, explains a new nerve block ultrasound procedure to D. Denise Ludwig, RN.

## State-of-the-art technology to reduce post-operative pain and opioid use

Passavant Hospital Foundation invested \$52,750 to purchase a nerve block ultrasound that utilizes the most current medical technologies to manage post-operative pain.

With ultrasound guidance for needle placement, anesthesiologists can visualize the precise placement of anesthetic into the area surrounding a nerve. As a result, patients require less narcotic and opioid pain medication, are able to ambulate earlier, suffer less nausea and complications like convulsions and cardiac arrest, and experience shorter hospital stays.

“It’s great that the Foundation is using funds to purchase innovative technologies like this to ultimately enhance the patient’s experience,” said Charles Luke, MD, MBA, FASAM, Site Chief of Acute Pain Service (APS) at UPMC Passavant. The APS team treats surgical and trauma-related pain while the hospital also has a Chronic Pain Service to address issues such as back pain.

The new equipment will be used to treat nearly 3,000 patients annually. With it, non-productive needle sticks are reduced by as much as

70 percent, eliminating unnecessary patient discomfort.

While the equipment will be used mainly for pain management, it also can be utilized to evaluate a patient’s cardiovascular status in a non-invasive way. Older methods required the insertion of a probe down the throat.

Each year, 15 fellows do their anesthesia placements at UPMC Passavant under Dr. Luke’s direction, and the training consistently ranks the highest in student surveys.

For the past six years, the Foundation, in partnership

with the Auxiliary and the hospital itself, has funded proposals submitted by UPMC Passavant staff members for their departments.

**The nerve block ultrasound is just one of 22 projects totaling \$341,487 approved by Passavant Hospital Foundation for 2017.**

“Every project we fund improves patient diagnosis, treatment, comfort and/or safety, or significantly improves the working environment for staff,” said Foundation President/CEO Fay Morgan.

# PATIENT SUPPORT



In June, Passavant Hospital Foundation received \$10,000 from the physicians of the UPMC Heart and Vascular Institute at UPMC Passavant for the Nursing Education Fund. Pictured from left: nurse specialist for cardiovascular services Maggie Lattanzio, HVI executive administrator Tracey Ryan, chief nursing officer Susan Hoolahan and Michael Fallert, MD, chair, Department of Cardiology.

## Hospital earned nation's highest honor for nursing excellence

UPMC Passavant achieved Magnet® recognition as a reflection of its nursing professionalism, teamwork and superiority in patient care. Awarded by the American Nurses Credentialing Center, just 454 out of more than 6,300 U.S. hospitals have achieved this high standard.

excellence through our Nursing Education Fund," said Foundation President/CEO Fay Morgan.

The Nursing Education Fund supports nurses who seek to advance their knowledge and skill, and especially to earn certification in their medical specialty areas. This year, the fund disbursed \$31,915 to assist 54 nurses in gaining certification. Funding also allowed 40 nurses to attend the Magnet conference in Houston, TX.

The Fund receives gifts from grateful patients who wish to recognize a special nurse, as well as proceeds from an annual holiday concert featuring the **Pine Creek Community Band**.

Research links nursing certification to better patient care and outcomes.

"Passavant Hospital Foundation is pleased to support nursing

## Foundation partners for healthy lifestyle study

Passavant Hospital Foundation is partnering with Dr. Andrea Kriska and her team from the University of Pittsburgh Graduate School of Public Health to investigate whether the health of sedentary, overweight people can be improved with a lifestyle program focused on increasing activity as well as decreasing the amount of time they spend sitting.

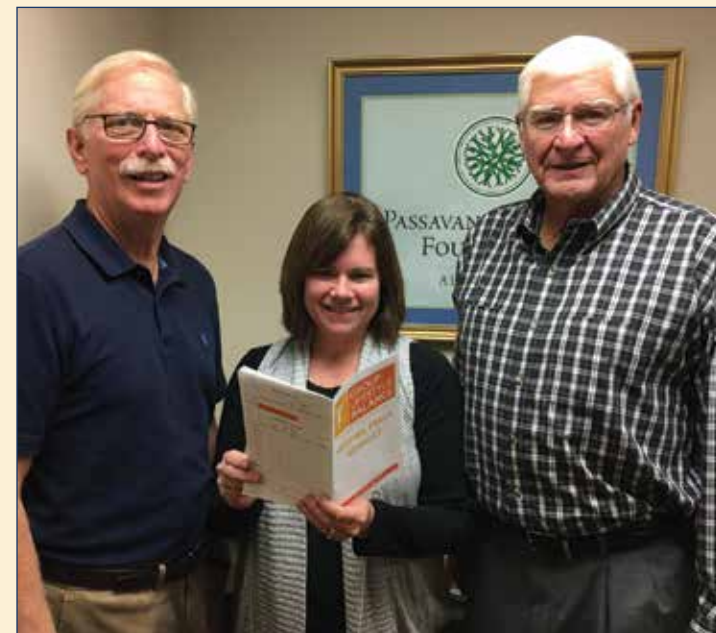
The year-long Group Lifestyle Balance (GLB) Moves Study involves 58 participants. One group has the primary goal of increasing their physical activity levels while the other group has the primary goal of decreasing the time they spend sitting.

"We were led in various topics like diet and exercise. We chart our sitting and standing,

weight, calories and steps. I lost 20 pounds, or seven percent of my beginning weight, and have kept it off for the past six months. I feel better, my blood pressure is lower, my test results are better, and my Body Mass Index (BMI) is now in the normal level for the first time in 20 years," said 65-year-old retired executive Eric Kofmehl of McCandless, who was a participant in the study.

The study began in March 2017 and will conclude in the fall of 2018, at which time Dr. Kriska and her team will present their findings nationally.

The Foundation helped to recruit participants and has provided space for the study's meetings, screenings and clinic visits.



Eric Kofmehl (left) and his brother-in-law, Dave Harlan (right), participated in the Group Lifestyle Balance Moves Study led by study co-investigator Rebecca Meehan, MS, RD, LDN (center). Through the program, Kofmehl and Harlan, both of McCandless, lost 20 pounds each and report feeling healthier overall.



At home one Sunday afternoon, Thomas Glovier, above, began feeling numbness in his jaw, eyelids and face. He didn't realize he was having a stroke.

## Foundation supports hospital's role as primary stroke center

Thomas Glovier, 54, was enjoying a quiet Sunday afternoon at home when he felt his jaw go numb.

"I woke up at midnight and my ear, eyelids, and face felt numb," he said.

"When I woke up the next morning, I still felt the numbness, so I called my doctor. His physician told him to get to the hospital immediately, so Glovier got in his car and drove to UPMC Passavant in Cranberry Township, which was about 16 miles away.

"Then they transferred me by ambulance to UPMC Passavant in McCandless," he said.

Once there, he was given an EKG, MRI, CT scan and echocardiogram.

"Tests showed that I'd had an embolic stroke," he said.

UPMC Passavant sees between 12 and 24 stroke patients each month, according to Lynette Fair, MSN, RN, NE-BC, CEN, Stroke Coordinator at the hospital.

A stroke occurs when blood flow to an area in the brain is cut off. The brain cells, deprived of the oxygen and glucose needed to survive, die. If a stroke is not caught early, permanent brain damage or death can result.

Strokes are the leading cause of disabilities, including paralysis, memory loss, and speech impairment.

UPMC Passavant is a Primary Stroke Center, which means it possesses the resources and ability to care for acute stroke patients.

"We can do just about anything here but neurological surgery," Fair explained. "We can assess the neurological condition, administer clot-busting meds, and provide support. We can supply emergency room care and collaborate with the Stroke Institute at UPMC Presbyterian Hospital in Oakland."

Currently, the hospital is engaged in a Telestroke Pilot Program, in which virtual appointments via iPads allow patients and neurologists in different locations to interact visually and verbally on-screen. Doctors can conduct exams and post-hospital follow-ups are expedited. The most current data shows that the average length of stay for patients in the pilot program is 2.3 days compared to 3.74 days for those not in the study, according to Cynthia Stauber, MSN, BS, RN, NE-BC, Unit Director on 3 Main, where stroke patients are treated.

The hospital also provides care and education on risk factors, meds and symptoms.

An awareness campaign was recently launched to teach people the signs and symptoms of a stroke. It is called FAST, which is an acronym for "Facial drooping," "Arm weakness," "Speech difficulty," and "Timely Response."

The Foundation, in partnership with **Seneca Resources**, funded 80 staff scrubs and 150 patient t-shirts bearing the acronym to help educate patients and families on the signs of stroke and the importance of seeking immediate treatment.

**The Foundation sponsors an annual stroke survivor dinner so patients can celebrate recovery, share experiences, and provide feedback to the hospital.**

"I didn't realize I was having a stroke. My symptoms didn't seem severe enough. Now I know better. The care I got was excellent. I consider myself very lucky." Glovier said. "I had a stroke and all I got was this t-shirt."

# CANCER SUPPORT

## Cancer Center hosts more than 500 at annual Celebration of Survivorship

In June, the UPMC Cancer Center at UPMC Passavant hosted its sixth annual "Celebration of Survivorship" event, which included a picnic

dinner, breakout sessions, and the opportunity for cancer survivors and their

families to mix and mingle with their doctors, Cancer Center staff, and other cancer

survivors. The event was held at La Roche College. An inspiring keynote speech

was given by Jill Brufsky, a cancer survivor. Breakout sessions included "Nutrition, Vitamins and Supplements for the Cancer Survivor," led by Adagio Health dietician Linda Evans, and "Support for the Caregiver," led by

Wellness Social Worker Tim Cummings and Our Club-house social workers Christine Lee-Zirkle and Christine Sumner.

A free basket raffle was offered and five different paint-by-number canvasses were completed by attendees.

"It was an awesome event," said Kathleen Bryte, MSN, RN, OCN, Chair for the celebration. "Feedback from participants and volunteers

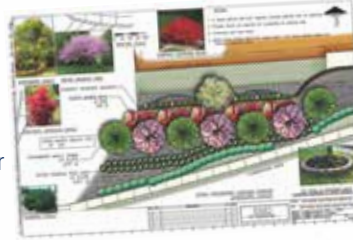
for the event was overwhelmingly positive." The Foundation provided \$1,500 toward event costs.

### FOLLOW THE TIMELINE:

## GARDEN BEAUTIFIES VIEW DURING CANCER TREATMENT

Passavant Hospital Foundation requested support for a project to re-vitalize Tibby's Healing Garden, located outside the windows of the UPMC Cancer Center. The garden had been gifted by the **Badamo Family** of McCandless in 2012 in memory of a beloved neighbor who had died from cancer.

Jaime met with **JML Landscaping** and landscape architects **Fahringer/McCarty/Grey** for the first time. Both firms donated their services to help Jaime design the new 8,000 square-foot garden.



The garden's first tree was donated by **Carole Baierl**. The Baierl Pavilion, housing the UPMC Cancer Center at Passavant, is named in honor of her late husband, Bill.



Jaime broke ground for the garden.

Boy scouts from Jaime's troop spread mulch on the hillside.



Mosaic birdhouses were installed. They were designed and built with the help of local artist **Linda Wallen**, who utilized Italian glass and high-fired ceramic tiles.



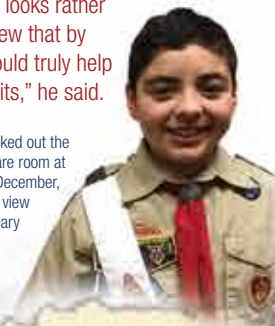
A ribbon-cutting ceremony brought together 200 community members, hospital staff and Passavant Hospital Foundation officers to celebrate the project's completion. The event featured a scout color guard from Jaime's troop and remarks from cancer survivor Sister Roberta Campbell. The garden allows expansion for more trees to be dedicated in the future.

December 22, 2015    January 12, 2016    January 28, 2016    February 2, 2016    April 15, 2016    October 13, 2016    February 17, 2017    April 14, 2017    April 29, 2017    Spring 2017    June 2, 2017    June 5, 2017    Fall, 2017



**Jaime Martinez**, a 13-year-old Boy Scout from Troop 171 of Ingomar, accepted the challenge as his Eagle Scout project. "Right now, the hill is so bare and it looks rather depressing. I knew that by fixing it up, it would truly help lift patients' spirits," he said.

◀ Jaime Martinez looked out the window of a patient care room at the Cancer Center in December, 2015. At the time, the view was of a stark and dreary hillside.



Jaime embarked on 12 months of fundraising to secure the \$35,000 necessary to complete the garden. His efforts included designing a website to collect online donations, raising money at his school, holding a hot dog fundraiser at **Levin's Furniture** in Wexford, delivering a PowerPoint presentation to the **Hampton and Northern Allegheny Rotary Clubs**, conducting candy sales in the hospital lobby and at **Walmart** in Cranberry, and holding an Oldies Dance and Dinner at **Sieb's Pub and Restaurant** in Ross Township.

Jaime presented his ideas for the garden to 350 attendees of Passavant Hospital Foundation's 2016 Legacy of Caring Gala. He received donations totaling \$11,000 from the enthusiastic crowd.

▲ **Stephanie Dutton** and **Cari Cavalcante** made the final donation to push Jaime across the finish line to reach his \$35,000 goal. Stephanie's father was a scout leader and she presented Jaime with her father's Eagle tie slide and a historic scouting plate. Stephanie is Vice President and Chief Operating Officer of UPMC's Cancer Centers.



▲ The Badamo family was delighted to support Jaime's project.



Photo, above, by Doug Oster at Trib Total Media

◀ Trees, shrubs, plants, flowers, decorative gravel and rocks, signage and bricks, bird feeders and butterfly stations were planted and installed throughout the spring. **Will Kmetz** (near left) of JML Landscaping walked with Jaime to survey the nearly-completed garden.

Jaime Martinez, now 15 years old, remains active at UPMC Passavant, where he volunteers weekly. He aspires to become a neurosurgeon one day!

### Thanks to those who dedicated trees

**In Memory of William R. Baierl**  
Flowering Dogwood  
donated by Carole Baierl

**In Loving Memory of James B. Dutton II**  
Paperbark Maple donated by  
Stephanie Dutton and Cari Cavalcante

**In Honor of James B. Dutton III**  
Sketer Japanese Maple donated by  
Stephanie Dutton and Cari Cavalcante

**In Loving Memory of Dr. John W Garrott,  
Caring Doc, Friend to All**  
Paperbark Maple donated by  
Marion Garrott

**In Memory of Hugo H. Pfaeffle, MD**  
Native Redbud donated by  
Start the Heart, LLC

**In Memory of Sean Riddle**  
Sketer Japanese Maple  
donated by Dennis Crawford

**Rotary Club of Hampton Township**  
Paperbark Maple

## Helping people kick the smoking habit

The Foundation provided smoking cessation aids — including nicotine patches, lozenges and gum — for each attendee of the "Smoking

Cessation Program: The Courage to Quit." The five-week program was offered from February 6 to March 6 and again April 3 to May 1.

## Dealing with emotional upheaval of cancer

Passavant Hospital Foundation was pleased to provide dinners for adult cancer patients, their significant others, and school-age children throughout a six-

week program called CLIMB. The program uses a variety of activities to help children and youth better cope with their parent's cancer.

## Living life post-cancer

"Living Life Post-Cancer Treatment" was an eight-week cancer transitions course (plus one follow-up session) offering support, exercise,

nutrition and education to those who were concluding their cancer treatments. The Foundation provided dinners for all class participants.

# EDUCATION SUPPORT

## Workshop combats the opioid epidemic

The Foundation hosted 254 frontline professionals — including clinicians, social workers, clergy and legal counsel — at a free, full-day



Amy Shanahan, Director of Medical Care Services at Western Psychiatric Institute and Clinic of UPMC, spoke.

seminar addressing the opioid epidemic that is plaguing our region and nation at large.

The seminar took place at the Passavant

Hospital Foundation Conference Center & Legacy Theater in May and focused on solutions. It promoted treatment excellence and examined how health care professionals and clinicians, legal counsel and state agencies can collaborate to care for patients.

Speakers from Gateway Rehab, the PA Department of Drug and Alcohol Programs, the

Grail Law Firm, Accessible Recovery Services, and Western Psychiatric Institute and Clinic of UPMC offered findings and options.

“The opioid problem hits every walk of life. It doesn’t distinguish among the rich or the poor, urban or rural, black or white. It’s everybody’s problem,” said Kristen Sandel, MD, a guest speaker and emergency room doctor from Reading, PA.

“The key to success is ensuring that people believe in the program and are confident that treatment works. We have to overcome all the negative stories and focus on the success stories,” she added.

The seminar — in partnership with the University of Pittsburgh School of Medicine Center for Continuing Health Science — offered free continuing education credits to those in attendance.

Dr. Frank Kunkel, Chief Medical Officer at **Accessible Recovery Services**, was the course director.



Donna Galbraith taught students the proper way to wear a bicycle helmet.

## Emergency Department nurses conducted Bike and Helmet Safety classes at local elementary schools

Nurses Jeanmarie Daugherty, RN, CEN, and Donna Galbraith, BSN, RN, CEN, traveled to Mars Area Primary School to speak to 445 students about Bike and Helmet Safety. Students were able to touch gelatin molded in the shape of a brain in order to get a better idea of how fragile the brain can be. Forty-two bike helmets were distributed. The nurses take their safety program to several schools each year. Costs of the program are underwritten by Passavant Hospital Foundation.

## Foundation designated \$3,408 for pre-diabetes education and prevention

Medical Nutrition Therapy is one-on-one nutrition counseling with a registered dietitian who also is a diabetes specialist. The purpose is to help those diagnosed with pre-diabetes or glucose intolerance understand the diagnosis and learn how to prevent or delay diabetes through diet, weight loss, and exercise.

Passavant Hospital Foundation offered a Pre-Diabetes

Scholarship for those who qualify medically for the prevention-focused program but are either uninsured or under-insured.

“We are blessed to have this fund from the Foundation!” exclaimed Jennifer Satirake, Registered Dietitian, Certified Diabetes Educator. “It has allowed us to provide a service to many clients who otherwise would not have been able to afford it.”

## Outreach programming included 70 presentations to 5,461 attendees

### Domestic Violence Conference

Passavant Hospital Foundation sponsored a free day-long domestic violence seminar entitled, “Safety and Self-Awareness Amongst Violence,” which reviewed the prevalence, signs, effects and treatment of domestic violence, sexual abuse and exploitation.

The keynote speaker was



Kate Price

Kate Price, author of *Collapsing This Hushed House: My Escape from Commercial Child Sexual Exploitation*.

“Domestic violence is a silent situation that faces one in every four people in our area,” said Betsy Tedesco, DNP, RN, CEN, PHRN, Interim Unit Director, UPMC Passavant Emergency Department and head of the hospital’s Domestic Violence Task Force. “As health-care providers, we’re faced with this on a daily basis.”

The conference was attended by 150 participants, including nurses, physicians, social workers, lawyers, pre-hospital providers, teachers and clergy. Health care professionals earned continuing education credits.

### Bioethics Conference

“Bioethics Goes to the Movies” was a three-hour session in which participants watched

and analyzed the fictional movie “Wit,” exploring real-life ethical issues in health



Valerie Satkoske

care, such as informed consent, decision-making capacity, standards of surrogate decision-making, and respect for patients and families.

The session, led by Valerie Satkoske, MSW, PhD, Director of Ethics, Wheeling Hospital, was attended by 63 people and co-sponsored by the hospital’s Ethics Committee. Doctors, nurses, social workers and attorneys in attendance received continuing education credits.

### Bridge to Hope Parent Workshop

The Bridge to Hope family support group hosted a half-day parent workshop in October with 34 in attendance to hear from addiction experts on treatment, relapse, conflict resolution and recovery.

One attendee lauded the day’s immediate impact for her family. “We are truly blessed to have this resource available to us... such wonderful people to give of their valuable time to provide education and support, along with some very good communication tools for families struggling and living with addiction.

When we spent three hours visiting our daughter at the halfway house, it was the most quality time we’ve had in a long time.”

Bridge to Hope meets every Wednesday at 7 p.m. at the Passavant Hospital Foundation Conference Center.

### CPR Classes for Students

Mars Area School District was the newest district to join the Foundation-sponsored CPR program, offered in partnership with the American Heart Association. All teachers and support personnel have been trained using Foundation-funded materials, and all students in grades 5–12 were trained, as well.

Other schools participating:

- ♥ Pine-Richland Middle School
- ♥ North Hills Middle School
- ♥ Hampton Middle School
- ♥ Marshall Middle School

Approximately 3,000 students were trained in this life-saving skill during the 2016–2017 school year.

### Financial Fitness

The Foundation held a confidential seminar in March to help its supporters of high net worth create a solid plan for distributing their wealth at life’s end. Experts discussed estate tax planning that achieves personal lifestyle goals and ensures the well-being of heirs

## OFFICE VOLUNTEERS AND INTERNS

- Lois Cooper
- Jean Muth
- Luke Obarsky
- Bernie Pannunzio
- Mary Riethmiller
- Sarah Turnbull
- Ryan Wiederstein

while leaving a legacy for the health of our community. Opportunities for naming major projects at the hospital were also discussed.

### Heart and Stroke Symposium

“Heart disease remains the number one cause of death, and strokes are the number one cause of disability,” said Maggie Lattanzio, MSN, RN, CCRN, Programmatic Nurse Specialist in cardiovascular services at UPMC Passavant. “Educating the public on prevention and warning signs is an important focus.”

The Foundation sponsored a free educational seminar as well as blood pressure and cholesterol screenings for more than 100 community members. It was held at the Passavant Hospital Foundation Conference Center & Legacy Theater in October. During the five-hour program, experts from UPMC Passavant discussed the causes and effects of strokes and heart problems, including updates in heart surgery, vascular disease and more. Topics and speakers included:

- ♥ “Vascular Disease” by Georges Al-Khoury, MD
- ♥ “Atrial Fibrillation” by Sandeep Jain, MD
- ♥ “Taking Care of Your Heart” by Lydia Davis, MD



# DONORS AND VOLUNTEERS MAKE THE DIFFERENCE

Thank you to the following donors whose gifts were received between July 1, 2016 and June 30, 2017.

## BEQUESTS

Estate of Betty L. Minter  
Cotabish Charitable Remainder Trust  
Estate of Betty A. Adams

## WM. A. PASSAVANT CIRCLE \$10,000 and above

Accessible Recovery Services  
Marilyn J. Cain, EdD  
Charles A. Brooks Trust  
Matt A. El-Kadi, MD, PhD, FACS  
Fred and Eva Kimnich Memorial Fund  
PNC Charitable Trust  
Scott Electric Foundation  
Spang North Hills Passavant  
Hospital Trust  
Spectra Development Company  
UPMC Passavant Heart &  
Vascular Institute  
UPMC Passavant  
UPMC Passavant Professional Staff

## CHAIRMAN'S CLUB \$5,000 to \$9,999

Baierl Automotive  
BNY Mellon  
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C.J.L. Engineering  
Edward E. Rieck Charitable Trust  
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Farmers National Bank  
Steven Gonabe  
IBEW Local Union No. 5  
Dr. Linda Lear

Martha Lockhart Mason Memorial Fund  
David Martin  
P.J. Dick  
Transport U  
UPMC CancerCenter  
UPMC Health System  
Western PA Electrical Labor  
Management Cooperation  
Committee

## PRESIDENT'S CIRCLE \$2,500 to \$4,999

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Nurses Helen Province and Jeff Kalinowski and surgical technologist Craig Pennington organized Passapalooza as a fun day to celebrate the team's work.

## Surgical Services department raises \$718 during Passapalooza

In June, the Surgical Services department held their third annual Passapalooza celebration. The event at North Park, while mostly for fun, raised \$718 through auctions and raffles to benefit Passavant Hospital Foundation's mission. More than 250 staff and family members attended.

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Continued on next page

## Artwork donation honors one family's service

When a friend gave a 24x30" hand-carved mother-of-pearl nativity scene to Sandra Rodenbaugh, she wasn't quite sure what to do with it. She took the unique diorama to a few museums and discovered it was made in the Holy Land around 1850 by a world-renowned craftsman.

For Rodenbaugh, formerly of Hampton Township

but now residing in Ohio, the answer came while visiting two cousins who were being treated at UPMC Passavant.

"I was walking past the (hospital) chapel and it hit me. My uncle was a medical doctor and one of the founding fathers of Passavant. My mom was an administrative secretary there; my aunt worked in

admissions until she was 81 years old; my brother went to work in the blood lab at Passavant before returning to medical school; and my sister was an anesthesiologist who worked at Passavant for 12 years," Rodenbaugh explained.

She also admired the work of Rev. William Alfred Passavant, a Lutheran pastor who, in 1849, founded the

hospital, which was the first Protestant hospital built in the United States.

Rodenbaugh called Passavant Hospital Foundation to donate the nativity scene in honor of Rev. Passavant's faithful service to establish the hospital and Rodenbaugh's relatives who had worked there.

"We're thrilled to have it. It's a beautiful piece of art, and it's

special to think that five members of a single family worked at Passavant, which is and always has been a community hospital that has relied on the community to support it," said Fay Morgan, President of the Foundation. ■



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**Passavant Hospital Auxiliary awards scholarships to student volunteers**

At their annual spring luncheon in June, Passavant Hospital Auxiliary awarded \$6,500 in college scholarships to three outstanding teen volunteers.

Luke Snyder volunteered 207 hours in the Imaging Department at UPMC Passavant in Cranberry as a senior at Central Catholic High School. He will study Pre-Med at the University of Florida.

Eric Ricci volunteered 155 hours in the Emergency Department as a senior at North Allegheny High School. He will study Philosophy and Pre-Med at Carnegie Mellon University.

Jorge Olan volunteered 138 hours in the Imaging Department at UPMC Passavant in Cranberry as a freshman at Allegheny College, where he is studying biology and Pre-Med.

Luke and Eric each received a \$2,500 scholarship and Jorge received a \$1,500 scholarship.



◀ The Passavant Hospital Auxiliary presented scholarships to three local teens: Luke Snyder, Eric Ricci, and Jorge Olan, pictured left to right behind the Scholarship Committee.

The Auxiliary also provides funds for needed items, big and small. Last winter, they provided telescoping ice scrapers to the hospital's brave valet parkers, just in time for snow! Foundation donors receive free valet parking. ▶



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**James Boyle, MD, and Susan Hoolahan, MSN, RN, NEA-BC, were awarded the James C. and Henrietta D. Lear Leadership Award at the 2016 Legacy of Caring Gala. It recognizes significant leadership for patient care and/or the growth of the hospital. Here, they pose with a portrait of James Lear, who was chair of the “Bring It North” Campaign in the 1960s to build the hospital at its current location.**

## Passavant Hospital Foundation celebrated a Legacy of Caring

UPMC Passavant celebrated its 167th year of providing health care in the Greater Pittsburgh area and its 52nd anniversary in the North Hills during a gala event at the Marriott North in Cranberry in October. Attended by 350 people, the event raised \$81,000 to fund Passavant Hospital Foundation’s work, supporting the hospital and improving the health of our community.

Seven medical professionals, volunteers and community leaders who have played a vital role in growing UPMC Passavant into a world-class hospital were recognized with a Legacy of Caring Award:

James Boyle, MD  
 LouAnn Brindle, MSN, RN, CPCS  
 Alex Chen, MD  
 Susan Hoolahan, MSN, RN, NEA-BC  
 John Houston II, Esquire  
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*Continued on next page*

## Friends, co-workers go the distance for Passavant Hospital Foundation

The Foundation had 21 runners, more than 200 donors, and \$7,270 raised for its mission during the 2017 Dick’s Sporting Goods Pittsburgh Marathon on May 6.

### We thank our runners:

Michelle Cox, Clinician, 6PAV  
 Stephanie Drzemiecki, Staff Nurse, IV Therapy  
 Eric McIntosh, VP, Human Resources  
 Shandel Garner, Coordinator, Medical Staff  
 Ashley Gengler, Staff Nurse, 6PAV  
 Tricia Meyer, CRNP, Nursing Leadership  
 Kiran Rajasenan, MD, UPMC Cancer Center  
 at Passavant  
 Courtney Ross, Cranberry Nursing Support  
 Jack Rudolph, Environmental Services  
 Anne Strobel, CT Technologist  
 Rene Whiteman, Staff Education

*From La Roche College:*  
 Dr. Howard Ishiyama  
 Emily Shimko  
 Bridget James  
 Jeff Dailey  
 Jimmy Finley  
 Sarah White

*Other Runners:*  
 Brian Gengler  
 Linsey Thomas  
 David Whiteman



**Bridget James ran the half-marathon in support of the Foundation’s mission.**





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